

Rules 2021



Open Forms & Weapons:

- All Forms & Weapons Events will be Judged on a 1 – 10 Scale, with 1/10 point increments. Scores from all Judges will be added together, and the highest total will win. In the case of a tie, judges may use their discretion and possibly ask for a repeat performance to determine a winner.
- Competitors in these divisions will perform ANY Forms (patterns, kata, poomse, etc.) traditional or creative in nature.
- Forms may include an array of techniques. These forms may be a traditional forms from a style or system, devised in their entirety by the competitor, or be a traditional form in which modern aspects were added.
- In this division, the competitor may perform any movements whether they originate from traditional or contemporary martial arts systems or otherwise.
- However, at least half of the form should originate from martial arts techniques.
- Emphasis is placed on the quality of execution of techniques and movements, martial arts skills, balance, speed, power, degree of difficulty, and showmanship, solid stances and focus. Spinning kicks, jump spinning kicks, flying kicks, multiple kicks, splits and other creative martial arts techniques are permitted.
- In addition, competitors should limit the techniques to only those movements that portray a definite offensive or defensive martial arts purpose, or are included to illustrate extreme flexibility or agility.
- In addition, Weapons forms will take into consideration heavily the use of the weapons, including, striking & blocking with the weapon as well as weapon manipulations.

Breaking

- Breaking will be judges on 1 – 10 Scale, with 1/10 point increments.
- Color Belts: 3 Breaks max, Black Belts 5 Breaks max
- What is a break? 1 strike or multiple Simultaneous strikes breaking the materials at the exact same time. ie:
 - Downward Hammer Fist= 1 break, Roundhouse kick=1 break
 - Scissor Kick; 2 kicks executed and breaking boards at exact same time= 1 break
 - Roundhouse Low High Combo= 2 Breaks! Because it is one kick/break following another
 - Double downward hammer fist= 1 Break (each hand simultaneously strikes its own boards and both hands break both boards/stacks at the same time)
 - Round House Spin Hook Kick= 2 Breaks (one kick following another is NOT same time)
- Spacers allowed but not supplied
- Competitors are encouraged to supply their own stands. limited concrete stands will be available.
- All Boards must be purchased from the Event on the Day of the Event
- Board Size: 7 & Under: ½"x6"x12", 8-12 years old: ½"x10"x12", 13 Years and Older: 1"x10"x12"

Rules 2021



COVID18 Safety Rules & Precautions:

Standard Covid19 Protocols:

- All attendees must wear masks covering the mouth and nose.
- Competitors may remove their mask, when and only when competing, while in their ring, socially distant from spectators and judges.
- Upon arrival all attendees will have their temperature taken contact-less with a digital laser thermometer.
- Upon arrival all attended will be screened with standard Covid19 screen questions related to, but not limited to; recent health issued (fever, difficulty breathing), recent contact with infected individuals or travel to current hot spots.
- All attendees will be verified against registration reports to create accurate contact tracing logs.
- All attendees will be asked to use hand sanitizer upon arrival and throughout their stay at the venue.
- Signs will be placed around the competition area stating the safety requirements, including use of mask, social distancing and use of hand sanitizer.
- Pre-event communications, both electronic and hardcopy will include all safety protocol, requirements, and expectations.
- If awards are handed out, delivering, and receiving parties will be asked to use hand sanitizer before and after deployment and receipt, respectively.

Divisions:

Due to the unpredictability of the interest in returning to In-Person events, and in turn the unknown expectation in number of competitors, 518 Martial Arts will not be establishing static age and rank divisions for this event. Competitors in the various event categories will be grouped together to form reasonable competitive divisions using the closest variables of age and rank. Every effort will be made to ensure fair divisions; however, they will not be guided by static conditions such as “beginners” or 9-10 year old’s.

For Creative Breaking:

- Holding apparatuses, blocks and stands will be used primarily to minimize and avoid the need for human holders.
- Each competitor will be allowed two human holders.
- If the competitor opts to use human holders, both the holders and the competitor must wear their masks while the breaking routine is occurring. The competitor cannot remove their mask for this event if they bring others inside the ring with them. If they opt to not use human holders and for the length of the routine, reside in the ring along, socially distant from everyone, using just inanimate objects to hold their material, then and only then, may they remove their mask during their competition routine.