

2020

## Winter Cup

### COMPETITOR'S REGISTRATION FORM

Please return this form along with your registration fee (NON-REFUNDABLE)

**Registration Deadline, MUST BE RECEIVED by January 17th 2020**

*Absolutely no applications will be accepted after January 17th 2020.*

*Please Fill in ALL Information - Important: If any information is missing, application will not be processed.*

Last Name: \_\_\_\_\_ Age: \_\_\_\_\_

First Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Rank: (Circle one) **Beginner Intermediate Advanced Black Belt** Sex: **M F**

E-mail: \_\_\_\_\_

School Name: \_\_\_\_\_

### EVENTS

*Registration Includes all Events*

**Open Forms - Open Weapons - Creative Breaking**

### FEES

All 3 Events = \$50

REG TOTAL \$50

BOARD TOTAL \_\_\_\_\_  
*From Box on left*

GRAND TOTAL \_\_\_\_\_

Make certified check or money order payable to  
Pil-Sung Martial Arts.

### BOARDS Pre-Order

Please List how many boards you will need.

\_\_\_\_\_ 1"x10" (Adult) \_\_\_\_\_ 1/2"x10" (Child) \_\_\_\_\_ 1/2"x6" (Lil' Child)

**TOTAL # of Boards** \_\_\_\_\_ x \$2.00 = \$ \_\_\_\_\_

**NOTE:**

*For Breaking Events:*

- Boards will be available at the cost of **\$2.50 per board**.
- Three sizes of boards will be available:
  - 6"x12"x1/2" (Recommended for competitors age 7 & Under),
  - 10"x12"x1/2" (Recommended for competitors age 8-12),
  - 10"x12"x1" (Recommended for competitors age 13 and over)

### Mail Applications & Payment To:

Winter Cup  
c/o Pil-Sung Martial Arts  
1095C Central Ave  
Albany, NY 12205  
Or pass to your School Owner to Submit

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### LIABILITY and HOLD HARMLESS RELEASE and WAIVER AGREEMENT

I \_\_\_\_\_ hereby make application for participation in the Winter Cup Tournament, and upon acceptance, I sincerely pledge to obey all rules and regulations as set forth within the event and its organizers. I clearly recognize that a risk is involved in the study and practice of this martial art, and related activities, which has been completely explained to and/or understood by me and/or my parents and/or guardians.

In consideration of accepting my application for entry into this event, I do hereby for myself, my heirs, executors, administrators, parents and guardians assign, release, acquit and forever discharge 518 Martial Arts, Adam Grogin, their instructors, members, volunteers, participants, agents, assistants, representatives, officers, and directors of this event, of and from any and all liability, actions, claims, demands, or suits whatsoever, which I may now or hereafter have or claim to have, on account of any injury sustained and suffered by me while traveling to or from or while practicing the techniques any related activities in connection with this event, and (if applicable) the parents and/or guardians of the applicant hereby request that this application be accepted, and in consideration thereof, agree to indemnify and release all members of 518 Martial Arts, Adam Grogin, their instructors, members, volunteers, participants, agents, assistants, representatives, officers, and directors from all claims made or which may be made on behalf of the applicant, for the aforesaid consideration

I consent that any pictures furnished by me or any pictures and/or video taken of me in connection with the organization can be used for publicity and promotion and I waive compensation in regards thereto. I clearly understand that this activity involves bodily contact, physical exertion, and exercise. I hereby accept that my participation in this event is contingent upon my good conduct and that should the proprietors of this activity determine my actions, behavior and/or attitude inappropriate in any way that my right to participate in this activity will be revoked and I shall sacrifice all fees paid. Additionally, I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to participate in this activity.

I also affirm that I am not affiliated with any defined terrorist or extremist hate groups as recognized by the laws of the United States of America or any organization with secondary affiliation with such organizations, nor am I the subject of any criminal investigation, charges, or related activity of any type.

\_\_\_\_\_  
**PARTICIPANT SIGNATURE**

\_\_\_\_\_  
**DATE**

\_\_\_\_\_  
**PARENT/GUARDIAN SIGNATURE**

\_\_\_\_\_  
**DATE**

*(Parent or Guardian sign if participant is under 18)*

**ADDRESS:** \_\_\_\_\_

**Relationship to Athlete** \_\_\_\_\_

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Rules

### **Open Forms & Open Weapons**

- Competitors in these divisions will perform ANY Forms (patterns, kata, poomse, etc.) traditional or creative in nature.
- These forms may be a traditional forms from a style or system, devised in their entirety by the competitor, or be a traditional form in which modern aspects were added.
- In this division, the competitor may perform any movements whether they originate from traditional or contemporary martial arts systems or otherwise. However, at least half of the form should originate from martial arts techniques.
- Emphasis is placed on the quality of execution of techniques and movements, martial arts skills, balance, speed, power, degree of difficulty, and showmanship, solid stances and focus. Spinning kicks, jump spinning kicks, flying kicks, multiple kicks, splits and other creative martial arts techniques are permitted, but not weighted more than solid basics.
- Competitors should limit the techniques to only those movements that portray a definite offensive or defensive martial arts purpose, or are included to illustrate extreme flexibility or agility.
- Weapons forms will be judged based on the competitors use of the weapon, as well as standard universal principals.
- In the case of a tie, judges may use their discretion and possibly ask for a repeat performance to determine a winner.

### **Breaking**

- Color Belts: 3 Breaks max, Black Belts 5 Breaks max
- Standard Wood Breaking Boards ONLY  
What is a break? 1 strike or multiple Simultaneous strikes breaking the materials at the exact same time. ie:
  - Downward Hammer Fist= 1 break, Roundhouse kick=1 break
  - Scissor Kick; 2 kicks executed and breaking boards at exact same time= 1 break
  - Roundhouse Low High Combo= 2 Breaks! Because it is one kick/break following another
  - Double downward hammer fist= 1 Break (each hand simultaneously strikes its own boards and both hands break both boards/stacks at the same time)
  - Round House Spin Hook Kick= 2 Breaks (one kick following another is NOT same time)
- Spacers allowed but not supplied
- There will be a *small* supply of Concrete Stands, competitors may supply their own wood stands.
- All Boards must be purchased from the Event.
- Board Size: 7 & Under: ½"x6"x12", 8-12 years old: ½"x10"x12", 13 Years and Older: 1"x10"x12"

### **Scoring**

- In each of the three events, competitors will be scored by the judges utilizing a ranking system, the competitor whom they feel performed best will receive a "1", second best a "2" and so on. The judges numbers will be added up and the competitor with the lowest sum will be considered the 1st place winner of that event, and continuing on for each place after that.
- For each event, competitors will earn points for their placements; 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> or 5<sup>th</sup> place win, competitors will earn 10, 7, 5, 3 or 1 point respectively.
- After the conclusion of all three events, the points will be added up and the OVERALL winner determined.
- In the case of the tie, a Tie-Breaking Performance maybe be requested which would be either Weapons or forms.